BAY RIDGE AQUATICS INSTITUTE, INC (BRAINS)

Spring Stroke Clinic 2025 Cost: \$695

for intermediate and advanced swimmers: Ages 7 to 14

Improve your stroke technique by practicing once a week beginning in February. The aim of this course is to develop efficiency and endurance for all competitive strokes. Clinic covers essential racing skills such as flip-turns, starts, pullouts, and more.

Pre-requisite:

This offering is **for swimmers age 7 to 14 that are already involved in competitive swimming**. Swimmers must be able to swim 50 yards freestyle without stopping and be able to perform all four competitive strokes demonstrating proper technique.

Each 75-minute class will meet once a week on Saturdays from 2:30 - 3:45PM

The swim schedule will be as follows:

February 8, 15; March 1, 8,

March 1, 8, 15, 22, 29; **April** 5, 12, 26;

May 3, 10, 17, 31 **June** 7, 14.

Due to extraordinary time restraints, limited instructor availability and numerous other pool activities taking place at Fort Hamilton High School, there is no time available for make-ups during or after the scheduled session for any reason whatsoever. We cannot make any special accommodations for other activities, siblings, etc. - please do not ask for variances in fees or times, "mix-and-mach slots" or make-ups.

BRAINS does not offer refunds for variations in temperature or condition of the water or facility. Maintenance of the FHHS pool facility is performed by the school's custodial staff and is not, in any way, under the control of the Bay Ridge Aquatics Institute, Inc.

Cancellations: No refunds. Since our instructors, security and permit fees must be paid whether classes are attended or not, BRAINS will not offer make-up classes, credits or refunds for any classes you may miss for personal reasons. In the event that we must cancel a class we will, at our option, either schedule a make-up or offer a refund or credit for the number of classes canceled. If major illness or serious complications make it impossible for your child to attend classes, we will make every effort to fill the remaining classes with another child *if you provide us with a written release to sell your child's slot.* Should such circumstances arise *and we can fill the slot*, while we are <u>not</u> obligated to do so, we will consider your request for a refund for the remaining classes filled by another child. If you are seeking such consideration, you must submit this request <u>in writing</u> along with doctor's notes and/or any other proof needed.

All refunds are subject to a \$25 processing fee.

All returned checks are subject to a \$40 fee.

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www.Brainstoswim.org

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